

# बिरसा मुंडा द्रायबल युनिवर्सिटी Birsa Munda Tribal University

राजपिपला, जि. नर्मदा Rajpipla, Dist. Narmada Established by Tribal Development Department, Govt. of Gujarat

## School of Arts B.A. (English) Programme

Subject Code & Name: BA04SEENG2 FUNDAMENTALS OF LIFE

SKILLS EDUCATION

## **Teaching and Evaluation Scheme:**

Teaching Scheme				Examination Scheme			
Credits			S	Component Weightage (%)			
				CCE		SEE	
L	T	P	Total	TH	PWE	TH	PWE
2	-	-	2	50	00	50	00

Programme Name	B.A.
Semester	IV
Course Code	BA04SEENG2
Course Title	FUNDAMENTALS OF LIFE SKILLS EDUCATION
Course Content Type (Th./Pr.)	Theory
Course Credit	2
Sessions+ Lab. Per Week	2
Total Teaching/Lab. Hours	30 Hours
* 2 Laboratory = 1 Session	

### Learning Objectives

- 1. To define the meaning, characteristics and scope of life skills
- 2. To develop an understanding of life skills and life skills education
- 3. To describe genesis of concepts of Life skill education
- 4. To identify the pillars of education and Life skills
- 5. To describe the perspectives in life skills education

### Prerequisites (if any)

### **Learning Outcomes**

Upon completing this course, learners will be able to:

- 1. Define life skills
- 2. Understand life skills education
- 3. Explain the genesis of life skills education
- 4. Identify pillars of education and life skills
- 5. Describe perspectives in life skills education





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Detailed	Contents	
UNIT	TOPIC/SUB-TOPIC	TEACHING HOURS
	Introduction to Life Skill Education	
	A. Concept of Life Skills	15
1	B. Life Skills, Survival Skills and Livelihood Skills	13
	C. Models of Life Skills (WHO Model, 4 H Targeting Life Skills Model)	
	Development of the Life Skills Education	
	A. Pillars of Education (Learning to Know, Learning to Do,	
II	Learning to Live Together, Learning to Be)	15
11	B. Life Skills Education for Well-being	
	C. Life Skills Education: Perspectives and Challenges	
	D. Life Skills Education in Contemporary India	

### Text Book(s)

NA

### Reference Books

- 1. SCERT .Life Skills Education-Guidebook for Teachers (SCERT).
- 2. Sengararvelu, G. (2011) .Education in Emerging Indian Society, Neel Kamal Publication Pvt Ltd.
- 3. Hariharan S Soft Skills MJP Publication, Chennai.
- 4. James Larry, Life Skills. Embassy Books Distributors, Maharashtra.
- 5. Pandey Shivpujan Life Skills for Adeloscents. Global Research Publication, New Delhi.
- 6. Gupta R Skills & Difficulties in Modern Education. Mahaxeer & Sons, New Delhi.

#### Web Resources

Online Resources

Required Software(s) (if any)

Practical(s) (if any)

L:: Lecture, T:: Tutorial, P::Practical

**CCE:**:Continuous and Comprehensive Evaluation

(CCE Theory includes Mid Semester Examination, Assignment, MCQ quizzes, Seminar, Reflective notes, class participation, case analysis and presentation, slip tests (announced/surprised), attendance etc. or any combination of these)

PWE::Practical Work Examination

(PWE includes Laboratory practical work, project work, viva simulation exercise work etc.)

SEE::Semester End Evaluation