



बिरसा मुंडा ट्रायबल युनिवर्सिटी Birsā Mūṇḁā Drāyaball Yūnīvārsīṭī

राजपिपला, जि० नर्मदा Rajpipla, Dist. Narmda

Established by Tribal Development Department, Govt. of Gujarat

School of Arts

M.A. (English) Programme

Subject Name: Literature and Psychology

Subject Code: MA01CENG02

Teaching and Evaluation Scheme:

Teaching Scheme				Examination Scheme			
Credits				Component Weightage			
				CCE		SEE	
L	T	P	Total	TH	PWE	TH	PWE
4	-	-	4	50	-	50	-

Programme Name	M.A.
Semester	I
Course Code	MA01CENG02
Course Title	Literature and Psychology
Course Content Type (Th./Pr.)	Theory
Course Credit	4
Sessions+ Lab. Per Week	
Total Teaching/Lab. Hours	60 Hours
* 2 Laboratory = 1 Session	

Learning Objectives

1. To chronologically understand the foundational concepts of major psychological theories and how they relate to literary analysis
2. To identify the psychological underpinnings of character behaviour, narrative structure, and thematic development in selected texts
3. To apply psychoanalytic and psychological theories to interpret drama, fiction, and poetry
4. To examine how mental states, unconscious drives, identity, and emotional conflicts are represented in literature
5. To critically engage with the intersections of psychology and literature to understand how texts reflect and critique human experience and behaviour.

Prerequisites (if any)

Learning Outcomes

On the Completion of this course, students will able to:

1. Define and explain key psychological concepts such as the unconscious mind, archetypes, attachment, neurotic behaviour, and identity development
2. Compose critical essays that integrate psychological theory with close reading of literary texts



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3. Present oral or written arguments using psychological terminology to support literary interpretations
4. Conduct research on the relationship between literature and mental health, trauma, identity, and emotional development
5. Reflect on the role of literature in portraying psychological realities and enhancing empathy toward human experience

Detailed Contents

UNIT	TOPIC/SUB-TOPIC	TEACHING HOURS
1	Psychological Theories and Literary Analysis A. Sigmund Freud: <i>Psychoanalysis and the unconscious mind.</i> B. Carl Jung: <i>Archetypes and the collective unconscious.</i> C. Erik Erikson: <i>Psychosocial development stages.</i> D. Karen Horney: <i>Neurotic needs and coping strategies.</i> E. John Bowlby: <i>Attachment theory.</i>	15
2	Drama: William Shakespeare: <i>Hamlet</i>	15
3	Poems: A. Robert Browning: <i>My Last Duchess</i> B. Sylvia Plath: <i>Tulips</i> C. Walt Whitman: <i>A Noiseless Patient</i> D. G M Hopkins: <i>No Worst, There Is None</i> E. W H Auden: <i>Lullaby</i>	15
4	Novel: Anita Desai: <i>Cry, the Peacock</i>	15

Text Book(s)

1. The Oxford Shakespeare: *Hamlet* Reissue Ow: PB (Oxford World's Classics), 2009.
2. Desai, Anita. *Cry, the Peacock*, Orient Paperbacks, New Delhi, 2011.



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Reference Books

1. Sigmund Freud: *Psychoanalysis and the Unconscious Mind*

Freud, Sigmund. *The Interpretation of Dreams*. Translated by James Strachey, Basic Books, 2010.

Freud, Sigmund. *Civilization and Its Discontents*. Translated by David McLintock, Penguin Classics, 2002.

Gay, Peter. *Freud: A Life for Our Time*. W.W. Norton & Company, 1988.

2. Carl Jung: *Archetypes and the Collective Unconscious*

Jung, Carl G. *Man and His Symbols*. Dell, 1964.

Jung, Carl G. *The Archetypes and the Collective Unconscious*. 2nd ed., Princeton University Press, 1990.

Von Franz, Marie-Louise. *The Archetypes of the Collective Unconscious*. Routledge, 1997.

3. Erik Erikson: *Psychosocial Development Stages*

Erikson, Erik H. *Childhood and Society*. W.W. Norton & Company, 1993.

Erikson, Erik H. *Identity: Youth and Crisis*. W.W. Norton & Company, 1968.

Freedman, Diane, et al. *Erik Erikson's Theory of Psychosocial Development*. Harvard University Press, 2007.

4. Karen Horney: *Neurotic Needs and Coping Strategies*

Horney, Karen. *Our Inner Conflicts: A Constructive Theory of Neurosis*. W.W. Norton & Company, 1945.

Horney, Karen. *Neurosis and Human Growth: The Struggle Toward Self-Realization*. W.W. Norton & Company, 1991.

Scharff, David E., and Jill Scharff. *Karen Horney: A Psychoanalyst's Search for Self-Understanding*. Yale University Press, 1997.

5. John Bowlby: *Attachment Theory*

Bowlby, John. *A Secure Base: Parent-Child Attachment and Healthy Human Development*. Basic Books, 2007.

Ainsworth, Mary D. Salter, and John Bowlby. *The Bowlby-Ainsworth Attachment Theory*. 3rd ed., Routledge, 2015.

6. William Shakespeare: *Hamlet*

Stanley Wells & Lena Cowen Orlin. *Shakespeare: Oxford Guide*, OUP, 2003.

7. Anita Desai: *Cry, the Peacock*

Jain, Jasbir. *Writers of Indian Diaspora*. New Delhi. Rawat Press, 1998. Nawale, Arvind M. *An Escape from Madding World: Maya in Anita Desai's Cry, the Peacock*, Delhi, B.R. Publishing Corporation, 2011.



बिरसा मुंडा ट्रायबल युनिवर्सिटी Birsa Munda Tribal University

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Web Resources

1. <https://allpoetry.com>
2. <https://www.poets.org>
3. <https://www.poetryfoundation.org>

Required Software(s) (if any)

Practical(s) (if any)

L:: Lecture, **T::** Tutorial, **P::** Practical

CCE:: Continuous and Comprehensive Evaluation

(CCE Theory includes Mid Semester Examination, Assignment, MCQ quizzes, Seminar, Reflective notes, class participation, case analysis and presentation; slip tests (announced/surprised), attendance etc. or any combination of these)

PWE:: Practical Work Examination

(PWE includes Laboratory practical work, project work, viva simulation exercise work etc.)

SEE:: Semester End Evaluation

