



बिरसा मुंडा ट्रायबल युनिवर्सिटी

Birsa Munda Tribal University

राजपिपला, जि० नर्मदा Rajpipla, Dist. Narmda

Established by Tribal Development Department, Govt. of Gujarat

School of Social Work

Master of Social Work (MSW)

Subject Code & Name:- MSW2FCHGD1 & Human Growth and Development

Teaching and Evaluation Scheme:-

Teaching Scheme				Examination Scheme			
Credits				Component Weightage			
				CCE		SEE	
L	T	P	Total	TH	PWE	TH	PWE
4	0	0	4	50	-	50	-

Programme Name	Master of Social Work (MSW)
Semester	II
Course Code	MSW2FCHGD1
Course Title	Human Growth and Development
Course Content Type (Th. / Pr.)	Th.
Course Credit	4
Sessions	60 Hours
Total Teaching	60

Learning Objectives

1. To understand the fundamental concepts and stages of human growth and development.
2. To gain knowledge of major psychological theories of development.
3. To comprehend the nature of human behaviour, motivation, and emotions.
4. To study the concepts of personality, stress, and intelligence.
5. To apply developmental and behavioural concepts in social work practice.
6. To recognize psychological processes in different life situations.

Learning Outcomes

1. Explain the concepts, principles, and stages of human growth and development.
2. Analyze and compare major theories of human development.
3. Demonstrate understanding of human behaviour, motivation, and emotions.
4. Apply knowledge of personality, stress, and intelligence in social work practice.



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5. Develop basic skills in behavioural observation and counselling.
6. Interpret human behaviour in socio-cultural and field-based contexts.

Detailed Contents

Unit	Topic/Sub Topic	Teaching Hours
I	Unit I: Introduction to Human Growth and Development - Meaning, definition, and characteristics of human growth and development - Difference between Growth and Development - Principles of Development - Factors affecting development (Biological, Environmental, Social) - Introduction to stages of human development	15
II	Unit II: Major Theories of Development - Jean Piaget's Theory of Cognitive Development - Lawrence Kohlberg's Theory of Moral Development - Sigmund Freud's Psychosexual Development Theory - Erik Erikson's Theory of Psychosocial Development	15
III	Unit III: Dynamics of Human Behaviour - Nature and characteristics of human behaviour - Motivation: meaning, types, and theories - Emotions: definition, characteristics, and types - Behaviour: meaning and characteristics; factors influencing behaviour, Behaviour observation skills	15
IV	Unit IV: Personality, Stress and Intelligence - Personality: meaning, definition and characteristics; types of personality - Assessment of Personality - Stress: meaning, causes and effects; stress management - Intelligence: meaning and types; measurement of intelligence (IQ Tests) - Introduction to Social Psychology	15



બિરસા મુંડા ટ્રાયબલ યુનિવર્સિટી Birsā Munda Tribal University

રાજપિપલા, જિ. નર્મદા Rajpipla, Dist. Narmda

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Reference Books

1. પટેલ, ચંદ્રકાંત પ્રભુભાઈ. સામાન્ય મનોવિજ્ઞાન અમદાવાદ: યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
2. દેસાઈ, યોગેન્દ્ર. વિકાસલક્ષી મનોવિજ્ઞાન અમદાવાદ: યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
3. શાહ, એ. જી. સામાજિક મનોવિજ્ઞાન અમદાવાદ: અનંડા પ્રકાશન.
4. પંડ્યા, ડૉ. કુલીન. મનોવિજ્ઞાનની વિચારધારાઓ અમદાવાદ: યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
5. **Bigner, J. J.** (1994). *Human development: A life-span approach*. Prentice Hall.
6. **Lindzey, G., & Aronson, E. (Eds.)**. (1985). *The handbook of social psychology* (3rd ed.). Random House.
7. **Hall, C. S., & Lindzey, G.** (1978). *Theories of personality* (3rd ed.). John Wiley & Sons.
8. **McKinney, J. P., et al.** (1977). *Effective behavior and human development*. Macmillan.
9. **Thorpe, L. P., et al.** (1968). *Personality: An interdisciplinary approach*. Harper & Row.
10. **Lazarus, R. S.** (1976). *Patterns of adjustment and human development*. McGraw-Hill.

L: Lecture, **T:** Tutorial, **P:** Practical

CCE: Continuous and Comprehensive Evaluation

The CCE (Theory) shall include components such as Mid-Semester Examination, Assignments, MCQ Quizzes, Seminars, Reflective Notes, Class Participation, Case Analysis and Presentations, Surprise/Announced Tests, Attendance, etc., or any appropriate combination of these.

PWE: Practical Work Examination

The PWE Field Work, Field Work Report, Viva-Voce, Simulation Exercises, etc.

SEE: Semester End Evaluation

